I CLAIM:

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1. A method for inserting solid objects into human bodies, said method comprising:

providing a syringe having a bore and a front opening formed therein, to receive the solid objects therein,

engaging said syringe into the human bodies, and disengaging said syringe from the human bodies, to retain the solid objects within the human bodies.

- 2. The method as claimed in claim 1 further comprising providing an extension extended from the solid objects, to retain the solid objects within the human bodies after said syringe is disengaged from the human bodies.
 - 3. The method as claimed in claim 2 further comprising bending said extension relative to the solid objects.
- 4. The method as claimed in claim 1 further comprising providing a material within a capsule of the solid objects.
 - 5. The method as claimed in claim 1 further comprising providing and engaging a plunger into said syringe, to help engage the solid objects into the human bodies.
- 6. The method as claimed in claim 2 further comprising selecting the solid objects from either a polymer of catgut, dexon, or vicryl.